



Healthy North Belfast community conversation youth version

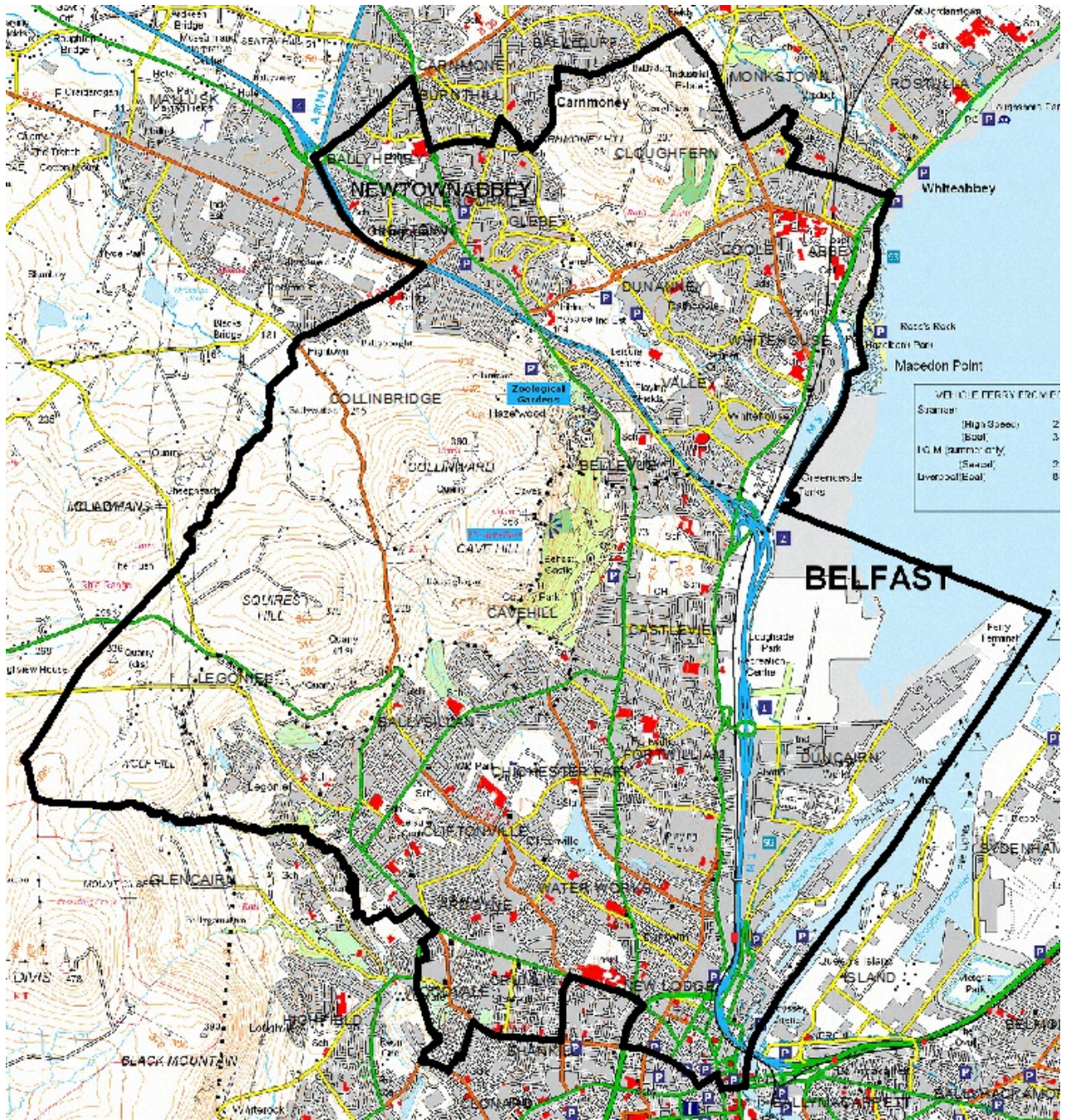
Healthy North Belfast is about working together to make North Belfast a healthier and happier place to live.

Now we want to hear from the experts – people like you who live in North Belfast.

North Belfast includes parts of Newtownabbey, such as Rathcoole, Cloughfern and Glengormley – anywhere within the thick black line on the map below.

We will not ask for your name during this survey. We won't do anything with your answers that would let anyone else know that you answered the survey. We will share the survey results with the people we work with, and we will also publish a short version of the results. If you do tell us anything personal, we will keep it safe, and make sure we follow the General Data Protection Regulation. To learn more about how we will treat your information, please visit www.ashtoncentre.com/ashton-privacy-notice.

The survey will take about 10 minutes of your time.





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1. First things first, we want to know how you feel about where you live. **What are the good things you like about living in North Belfast?**

2. Now we would like to ask you a few questions about your own health and wellbeing. **What does having good health mean to you?** You might want to think about both physical health and mental health.



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3. Can you describe something you do that makes you feel healthy or happy? This could be anything from going to a gym to visiting your local library to talking to a friend.

A large, solid grey rectangular area intended for the respondent to write their answer to the question.



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4. This is one where we want you to use your imagination! You have been selected to travel to the future in a time machine. When you open the doors of the time machine, you have landed in North Belfast. What do you see?

5. Thinking about the future, what do you think we need to do now so that more people experience good health for longer?

You might want to think about what we should do more of or do differently. Is there one thing in particular that would really make a difference?



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Finally, just a couple of questions about you. You do not have to answer these questions, but they help us understand more about the people who live in North Belfast.

6. What is your postcode?

7. What age are you?

- 12-15
- 16-24
- Prefer not to say

8. I am ...

- Male
- Female
- Other
- Prefer not to say



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Thank you for your time today.

We will look at all the responses we get back from this survey and carefully consider what we have been told.

By June this year, we will publish a summary of what we have heard. And by the end of the year, we will publish a plan that will tell you what we hope to do about it.

You can keep up-to-date:

- in the local press
- by following us on Facebook (@healthynorthbelfast)
- by following us on Twitter (@healthynbelfast, #healthynorthbelfast)